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Dear Friends,

Hello my name is Sarah; I was diagnosed with Tourette Syndrome at the age of 13. Shortly after my diagnosis, several years back, I decided I was done feeling like the only person in the world fighting TS so I attended a support group in Louisville, and was able to meet a few others battling Tourette's.

The meetings I attended were very helpful and eye-opening. I learned about the many resources the national Tourette Syndrome Association has to offer. I was also inspired to make sure others knew they weren't alone in the fight. My tics and symptoms became out of control around this time, causing me not to be able to focus on my dream as much but now my tics have decreased greatly and I am more determined than ever to get things really going again.

Perhaps you or someone you love has been looking to find they are not alone, and to develop a relationship with other families and individuals affected by TS. In addition to coming together, I'm proposing we could also educate the Louisville, KY community and spread awareness by organizing an awareness walk as well as partnering with the TSA-CDC program for an educational program. I am in contact with the Tourette Syndrome Association, Inc. in New York and they are helping me kick-start this! To offer more resources for you or your loved ones affected by TS, and to get things going, we need people who can share their time and talent as a volunteer.

If you are interested in build a support/educational group for Louisville please give me a call at 502-235-0704 or email me at sarah.thompson861@gmail.com I have created a Facebook page as well (find it by searching Tourette's in Louisville, KY) where we can share ideas and information, so please feel free to let me know of any ideas/thoughts you may have there.

It's time for us to come together! Please let me hear from you.

All the best,

Sarah

Sarah Thompson